

University of Kentucky College of Agriculture, Food and Environment Cooperative Extension Service

## RREN COUNTY 4-H NEWSLETTER

**Cooperative Extension Service** Warren County 5162 Russellville Road Bowling Green, KY 42101 (270) 842-1681 www.warrencountyextension.com

### INSIDE THIS ISSUE

SoKY Fair Livestock Shows	2
State Fair Reduced Tickets	2
Shooting Sports	3
Dog News	3
Communication Contest Results	4
State Written Communications Contest	5
4-H Kick Off Night	5
Horse News	6
Super Star Chef Camp	7
Calendar	8



### June/July 2022 (mks)

Warren County **Extension Office** 

Our office is open each Monday-Friday 8:00 a.m. to 4:30 p.m (With the exception of Holidays.)

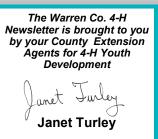
## RTI HALL: JULY

Warren County 4-H SoKy Fair Floral Hall will be happening on Monday, July 25th. The 4-H Project Booklet is included in this newsletter. Read your information carefully. Remember you must adhere to rules and regulations as established in the publication. The link to the SoKY Fair booklet is

https://www.warrencountyextension.com/soky-fair. On July 25th, youth will need to bring their exhibit(s) to the Jaycee Pavilion at Lampkin Park from 9:00-11:00 a.m. to be checked in. The exhibits will be judged and displayed that afternoon for the opening day of the SoKy Fair. Once again, State Fair entries will be selected from SoKy Fair 4-H project exhibit champions. The State Fair is scheduled for August 18-28 in Louisville, KY.



Julie serves as contact agent for the SoKy Fair Exhibiti Hall.



Julie R. Brown

**Cooperative Extension Service** Agriculture and Natural Resources Family and Consumer Sciences 4-H Youth Development Community and Economic Development

# VOLUNTEERS NEEDED

The Southern Kentucky Fair is July 25-July 30. Volunteers are always needed every year to help set-up the 4-H exhibits, watch the exhibits during the week, and help remove the exhibits at the end of the week. For help with set-up or taking down the shift starts at 8:00 a.m.

4-H VOLUNTEERS

During the week there will be two shifts per dav:

6:00-8:00 p.m. and 9:00-11:00 p.m.

Please notify our office if you can volunteer at 270-842-1681.

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LEXINGTON, KY 40546



County fairs are a great way to get your livestock out and simply have some fun while winning ribbons and premium money. The SOKY Fair Livestock shows will be July 25-30 at the Jaycee's Fairgrounds in Lampkin Park at the livestock pavilion. The show schedule is as follows:

<u>Monday, July 25</u>- Youth Poultry and Youth Rabbit Show, animals must be on the grounds at 5 p.m. and the show will begin at 6 p.m.

<u>Tuesday, July 26</u>- Youth Market Lamb and Youth Market Goat Show, animals must be on the grounds at 5 p.m. and the show will begin at 6 p.m.

Wednesday, July 27- Open Dairy Show (youth and adults), animals must be on the grounds at 9 a.m. and the show will begin at 10 a.m.

<u>Friday, July 29</u>- Youth Alpaca Show, animals must be on the grounds at 4 p.m. and the show will begin at 5 p.m.



Janet is the contact agent for SOKY Fair Livestock Shows.

### DON'T FORGET TO TURN IN CLOVER POINTS

You will need to turn in your clover points sheet by June 30, 2022, to receive your prizes. The prize choices range from a 4-H keychain to a 4-H hoodie depending upon how many clovers you earn throughout the year. Remember the program started July 1, 2021, so remember to write down your club meetings, the number of exhibits you entered in the SoKy Fair, if you participated in a community service project, and many other activities. We appreciate the 4-H council's recognition committee in seeing a need to bring back the Warren County 4-H Clover Points Club. If you have any questions about the clover points program, please contact the extension office.

Julie is the Contact Agent for the Warren County 4-H Clover Points Club.



# STATE FAIR REDUCED RATE TICKETS

If you are interested in attending and/or competing in 4-H events at the 2022 Kentucky State Fair, you will want to take advantage of the reduced tickets for 4-H. The cost for 2022 will be \$4.00 per person. To place an order, you must pay for your tickets by July 27. To purchase tickets, you must first meet all the rules for eligibility as established by the State Fair Board.

Eligibility Rules for 4-H Reduced Tickets:

1. Intent is to allow 4-H Youth with Cloverville exhibits and enrolled in 4-H fair activities and their 4-H leader for that project or activity to purchase Reduced Rate Admission Tickets.

2. The form requires the County Extension Agent for 4-H Youth Development to sign off indicating any adult purchasing a Reduced Rate Admission Ticket is indeed the 4-Her's leader for that project or activity in Cloverville.



3. The 4-H reduced rate tickets are NOT available to family members unless the family member is the 4-H'ers leader of the Cloverville project or activity in question.

4. Also, the State Fairground has the right to charge an additional \$10.00 parking fee at gate entry. If you are eligible to purchase tickets, all checks should be made payable to the Warren County 4-H Council. Ticket orders will not be placed unless the fee is pre-paid and the last date to order tickets will be Wednesday, July 27<sup>th</sup>.

Julie serves as the Contact Agent for SOKY Fair and State Fair Floral Hall 4-H Exhibits and scheduling of the exhibit booth security workers. Also, a big thank you goes out to the SoKy Fair board for still providing our youth with ribbons & premium money. If you have any questions, please feel free to contact Julie at Julie.brown@uky.edu or 270-842-1681.

Julie serves as contact agent for the SoKy Fair Floral Hall & Janet serves as contact agent for livestock shows.

## SHOOTING SPORTS CAMP

A total of 19 campers attended shooting sports camp during spring break. Participants learned how to shoot all disciplines including archery, rifle, trap, pistol, black powder, and hunter education. Participants also received their orange card. Special thanks to our volunteer chaperones Darrel Sweets and James Scott and Teen Coach, Ellis Heard who coached in the trap discipline. *Janet is the contact agent for Shooting Sports*.



# SHOOTING SPORTS NEWS

The 4-H Shooting Sports Program is off to a bang. LITERALLY! Our local 4-H Shooting Sports Club hosted a statewide shooting sports contest that included the following disciplines: Rifle, Trap, Archery, Pistol, and Black Powder. Participation included: 18 counties, 152 youth, and 260 shooting entries. Special thanks goes out to our 20 certified shooting sports coaches, Green River Gun Club and their volunteers, all of the adult and teen volunteers that worked the event, and all of our shooters. It was a fun day!

All 4-H members that attended one of the safety trainings in the spring should be attending practices at the Green River Gun Club. Any 4-H member who has not attended at least one practice by June 30 will be dismissed from the program. Practices are held on a weekly basis. Contact <u>wc4hss@gmail.com</u> if you have any questions about this. All shooting sports members should be holding September 10-11, 2022 for the State 4-H Shooting Sports Contest. This is the big annual event where over 1,000 4-H shooters compete for top awards.

### Janet is the contact agent for 4-H Shooting Sports Program.



The 4-H Top Dog Club members have something to howl about. They have been very active this year participating in 4-H Dog Skillathon and Bowl Contest, Dog Camp, and planning a 4-H Dog Show. In March club members competed in the State 4-H Dog Skillathon Contest in which both of our junior teams won grand champion (Baylee Belcher, Macie Shaff, Elliot Heard) and reserve grand champion (Piper Hosay, Lainey Collins, Jacob Shehan). These same two teams competed in the State 4-H Dog Bowl Contest and were also grand and reserve grand champion teams respectively. The top three individuals in these contests were: 1<sup>st</sup> place Baylee Belcher, 2<sup>nd</sup> place Piper Hosay, and 3<sup>rd</sup> place Elliot Heard. Other team members were: Macie Shaff, Lainey Collins and Jacob Shehan. Also, congratulations to Baylee Belcher for winning the Dog Logo Contest!

The state dog camp was cancelled but that didn't stop our leaders, Amanda Shaff and Amanda Belcher, for making sure our kids could attend dog camp which they hosted on the local level on May 13-14. Camp participants brought their dogs for an overnight camping experience at the Extension Office. They learned many things including

dog obedience, grooming and dog treats.

Finally, for the first time ever in Warren County, we will be hosting a 4-H Dog Show for the county fair. This show will be July 30 located at the L.D. Brown Exposition Center. More details coming soon.

Janet is the contact agent for the 4-H Dog Program.





## COMMUNICATION CONTEST RESULTS

### County Results

#### **Demonstrations**

- FCS-Cloverbud Ava Winn How to Fold a Dinner Party Napkin Participation
- Jr. Natural Resource Nathan Warren Survival Bracelet Blue
- Jr. Natural Resource Lainey Collins All Fired Up Blue/Champion
- Jr. Animal Science Christopher Sweets Prepping Your Poultry Blue/Champion
- Jr. Shooting Sports Neal Brown How to Clean a Black Powder Gun Blue/Champion
- Jr. Team Baylee Belcher & Macie Shaff Are Your Prepared Blue/Champion
- Jr. Visual Arts Piper Hosay How to Draw Dogs Blue/Champion
- Jr. Visual Arts Alexander Ledbetter How to Make a Paper Boat Blue
- Jr. Visual Arts Isaiah Ledbetter Throwing Stars Red
- Sr. Animal Science Jenna Sochor Adopt N' Alpaca with Alive N Fuzzy Blue/Champion
- Sr. Natural Resource Jonas Hosay Creating an Isopod Culture Blue/Champion
- Sr. SET Josh Martin Soaring with the Civil Air Patrol Blue/Champion

#### Talk Meet

- 10 years old Thomas Brown Axolot Red/Champion
- 12 years old Avenley Cole Just Be Kind Blue/Champion
- 14 years old Anabeth Webster Ham It Up Blue/Champion
- 15 years old Avery Cole So God Made a Farmer Blue/Champion
- 16 years old Josh Martin United We Stand Blue/Champion
- 17/18 years old Isaac Hosay Improving Our Schools Blue
- 17/18 years old Bradley Webster A Heart for Haiti Blue/Champion

#### Mock Interview

- 14/15 year old Anabeth Webster Blue/Champion 16/18 year old – Bradley Webster – Blue/Champion
- 16/18 year old Isaac Hosay Blue
- 16/18 year old Josh Martin Blue

### Area Contest

#### **Demonstration**

- Jr. Animal Science Christopher Sweets Blue/Champion
- Jr. Natural Resources Lainey Collins Blue
- Jr. Shooting Sports Neal Brown Blue/Champion
- Jr. Team Baylee Belcher & Macie Shaff Blue/Champion
- Sr. Natural Resources Jonas Hosay Blue/Champion
- Sr. SET Josh Martin Blue/Champion

### Talk Meet

- 10 years old Thomas Brown Red
- 12 years old Avenley Cole Blue/Champion
- 14 years old Anabeth Webster Blue
- 15 years old Avery Cole Blue/Champion
- 16 years old Josh Martin Blue
- 17/18 years old Bradley Webster Blue

### Mock Interview

14/15 year old – Anabeth Webster – Blue 16/18 year old – Bradley Webster – Blue



Area Champions will be competing at the State Communication Contest on Saturday, July 11th at Red Oak Elementary School in Nicholasville, KY.

Julie is the contact agent for the county & area Demonstration and Mock Interview Contest and Janet is contact agent for the county & area Talk Meet Contest.

### STATE WRITTEN COMMUNICATIONS CONTEST

In February of every year 4-H members can participate in a written communication contest. The categories include Songwriting, Poetry (3 line minimum and 25 lines maximum), "What 4-H Means to Me" Essay (minimum 500 words), Original Monologue, Press Release (maximum of 1,000 words), and Public Service Announcement. We had 6 participants in the contest, and they all received blue ribbons – Baylee Belcher -Junior Essay; Kenna Graham - Junior Poetry; Nathan Warren - Junior Poetry; Layna Taylor - Senior Essay; Josh Martin - Senior Poetry; and Grace Graham - Senior Poetry. Watch the fall newsletters about the rules for the written communication contest.

*Julie serves as contact for the written communication contest.* 

### 4–H KICK–OFF NIGHT VOLUNTEERS NEEDED

The Warren County 4-H Program will be hosting our annual Kick-off Night on September 1<sup>st</sup> at 6:00 p.m. to highlight 4-H clubs, activities, and projects. Explore 4-H opportunities while eating hot dogs, chips and drinks sponsored by the Warren County 4-H Council. This is our largest recruitment event and over 600 youth and adults attended last year. Kick-off Night is open to the public as well as current members. We will need volunteers to help make this night a success, if you can volunteer, please contact the extension office at 270-842-1681!

Both Janet and Julie serve as contact agents for the 4-H Kick-off Night.



## HELP! WE NEED MORE VOLUNTEERS!

The Warren County 4-H Program is looking for volunteers who have a skill or passion they'd like to share. Several of our clubs are looking for club leaders. If you or someone you know is interested in serving as club leader or assistant club leader, please let Janet or Julie know of your interest. A primary club leader would be responsible for organizing the meeting (key pick-up, officer election, educational lesson). We are also looking for volunteers interested in conducting an after-school or community club or holding special interest workshop sessions.

Our club leaders training will be held on **Thursday**, **August 30<sup>th</sup>** at 6:00 p.m. at the Warren County Extension Office. If interested, please contact the Warren County Extension Office. All volunteers must complete a volunteer application packet, sign a Club Leader Position Description, and be approved by the Client Protection Risk Management Committee.

Janet & Julie both work with the 4-H volunteers.

## TEEN CONFERENCE

Warren County took a large delegation to KY 4-H Teen Conference. Ten teens plus Agent Janet Turley headed up to Lexington for a 4 day leadership conference. The following teens were also recognized for achievement awards: Bronze: Josh Martin, Christopher Sweets, Layna Taylor, Anabeth Webster; Silver- Jonas Hosay; Gold-Avery Cole and Bradley Webster. Isaac Hosay interviewed for Emerald. Ashlyn Waters competed in the State 4-H Fashion Review as well! Congratulations to these youth!

*Janet Turley is the contact agent for KY 4-H Teen Conference.* 

## BASIC BUDGET BITES - MORE WAYS TO SAVE

Avoid paying top dollar for fruits and vegetables by using these tips:

Have a plan. Before you shop, check what is currently in your home and think about how much food you need before you go shopping. Make a list and only buy items that you will be able to consume before they go bad. It may be worth checking a grocery store website to see what items are on sale.

- Round up recipes. Skim through PlanEatMove.com for healthy, low-cost recipes. Check out the videos on PlanEatMove to master cooking skills. The more comfortable you are cooking, the more likely your recipe will come out well which reduces food waste.
- Explore the store. Buying fruits and vegetables when they are in season is one way to save money. Consider comparing prices of fresh produce with canned or frozen items. They have similar nutritional content and often the prep work is already done for you. Aim for low-sodium or no-salt-added versions of canned products.

Source: Adapted from https://www.usda.gov/media/blog/2020/05/29/how-save-more-fruits-and-vegetables



# HORSE NEWS

Hold onto your reins and keep your helmet on, the busy season for the 4-H horse program has begun! The **State 4-H Horse Contests** were held on June 1-2. Warren County had a horse bowl team made up of: Anne Howard Waugh, Abbey Bouldin, Brenna Bouldin, Avonlea Stewart and Kenzie Rotermann. The team did an outstanding job placing 1st - Jr. Written Team, 2nd - Overall High Point Team, 3rd - Jr.. High Team Judging, & 3rd - Jr. Stations Team. Three of these members also competed in the 4-H Hippology Contest. These results included:

### Anne Howard Waugh

9th - Jr. Judging Individual 6th - Jr. Stations Individual 2nd - Jr. Written Individual 4th - Jr. Overall High Individual

#### Abbey Bouldin

8th - Jr. Stations Individual 8th - Jr. Written Individual 10th - Jr. Overall High Individual

The **District 6 4-H Horse Show** will be June 20th at the WKU L.D. Brown Ag Exposition Center. The following 4-H members will be competing: Amelia Embry, Anne Howard Waugh, Avery Bennett, Cole Compton, Kenzie Rotermann, Olivia Lewis, Paige Burckhard, & Shelby Weckerly. Good luck to all!

The **State 4-H Horse Show** will be July 2-7. This show will be at the KY Fair and Exposition Center in Louisville, KY. The schedule includes: July 3- Walking/Racking/Mountain and Miniature Horse Show, July 4-5- Speed Division, July 5-6- Hunter Division, July 6-7-Western Division. Come and cheer our 4-H members on!

Trail Ride and Clinic: Back by popular demand! The 2<sup>nd</sup> annual

District 6 4-H Trail Ride and Clinic will take place October 21-23, 2022 at Mammoth Cave Horseman's Camp. More information coming!

Janet is contact agent for 4-H Horse Programs.

## POULTRY JUDGING CLINIC

Are you interested in poultry and want to learn more about the 4-H poultry project? There will be a poultry judging clinic on <u>Tuesday</u>, <u>June 28 from 10-3 p.m.</u> at the Warren County Extension Office. Participants will learn how to: judge laying hens, grade eggs, judge carcasses on the rail, candle eggs, and identify chicken parts. This training is a perfect jump start to start preparing for the poultry judging contest at the state fair. Call the extension office by June 21 to get signed up for this clinic. There will be a \$5 charge for lunch paid on that day.

Janet is the contact agent for Poultry Judging Clinic.

## KY JUNIOR LIVESTOCK EXPO

4-H and FFA members showing market animals and/or beef/dairy heifers should mark their calendars for the KY Junior Livestock Expo held in Bowling Green at the LD Brown Exposition Center on Saturday, July 23. This is a fun and close show to attend. This is also a qualifying show for exhibitors wanting to show at the KY State Fair. Weight cards should be turned no later than 7:30 a.m. Saturday morning. There will also be a judging and skillathon contest on Friday, July 24. Registration is from 8:30-9:00 a.m. There will be a livestock judging clinic in the morning and judging and skillathon contest. This will be an all-day event with awards that afternoon.

Janet is the contact agent for the KY Junior Livestock *Expo*.



Breanna Bouldin 6th - Jr. Judging Individual 9th - Jr. Stations Individual 4th - Jr. Written Individual 6th - Jr. Overall High Individual



# 4-H CAMP IN JULY

The 4-H Camp will be held July 18-22 at West Kentucky 4-H Camp. Registration has closed for this year's camp. We have over 150 campers from 9-15 years old attending along with 26 teens and adults. While at camp the camper will participate in 4 classes in the morning in the afternoon, they will have free recreation & swimming time. At night we have team activities and Sally Down the Alley.

We are still needing a few more teen & adult camp volunteers. Our adult volunteers have to be background checked and we will have training sessions for all volunteers on June 23, June 30 & July 14 at 6 p.m. A light supper will be provided. If you can volunteer, please contact Julie at 270-842-1681.



There will be an orientation for all campers & their parents on June 30th beginning at 6:00 p.m. at the Warren County Extension Office.

Julie and Janet both serves as the contact agents for 4-H Camp.

# TEEN LEADERSHIP BOARDS

Teens from across KY have the opportunity to make a state impact on seven state leadership boards. These are: SET, Shooting Sports Ambassador, Fashion Leadership, Social Justice, Performing Arts Troupe, State Teen Council, and Healthy Living. Applications were due June 1 and state board appointments will be announced during Teen Conference. Four Warren County teens applied for the following: Avery Cole for State Teen Council, Josh Martin for SET Board, Ashlyn Waters for Fashion Leadership Board, and Harrison Shaff for Shooting Sports Ambassador. Good luck to all!

Janet is the contact agent for State Teen Council, SET Board, and Shooting Sports Ambassadors.

# CLOSING REMINDER

Do not forget that the Warren County Extension Service will join all other Cooperative Extension Offices across the state of Kentucky in closing for the following day: Monday, July 4<sup>th</sup>.

the POWER of Youth

## YAIP REPORTS DUE

If you were selected to receive YAIP (Youth Agricultural Incentives Program) money, all reports including receipts are due NO LATER than August 1.

Contact Janet Turley for questions.

# SUPER STAR CHEF CAMP

Back by Popular Demand is our Super Star Chef Camp. The camp will be July 12-14 from 9:00 a.m.-12:00 p.m. at the Warren County Extension Office. Super Star Chef Camp is a cooking camp for participant's ages 9 to12 years old. No previous cooking experience required for this free program, where you will receive cooking tools and learn how to:

- Master a variety of cooking techniques, like chopping, dicing, blending, folding, and whipping
- Make homemade meals like fresh salsa, fruity muffins, tasty veggie pizza and fun egg scramble
- Discover foods that are good fuel for your body and give you energy to play hard
- Decode food labels and identify if foods are safe to eat

There is no registration fee for Super Star Chef Camp, but it is limited to 20 youth. To sign-up for the camp please call the Warren County Extension Office at 270-842-1681.

Julie is the contact agent for the Super Star Chef Camp.

## WARREN COUNTY 4-H CALENDAR

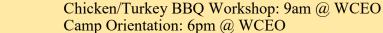
The following is a listing of upcoming 4-H events and activities. Anyone needing additional information concerning any of these events prior to our next mailing can contact our office:

By Phone:	(270) 842-1681	
By Email:	Janet Turley ~ jturley@uky.edu	
	Julie Brown ~ julie.brown@uky.edu	
By Mail:	5162 Russellville Road	
	Bowling Green, KY 42101	
	-	

Poultry Judging Clinic: 10am-3pm @ WCEO

June

- June 20
- June 28
- June 30 June 30
- June 30



District 6 4-H Horse Show

**Clover Point Sheets Due** 



July 2-7	State Horse Show @ Louisville, KY
July 4	WCEO Closed
July 11	State Communications Contest
July 12-14	Super Star Chef Camp: 9am-12pm @ WCEO
July 18-22	4-Ĥ Camp
July 23	KY Jr. Livestock Expo
July 25	4-H SoKY Fair Floral Hall Drop Off: 9-11am @ Jaycee Pavilion
July 25-30	SoKY Fair
July 25	Youth Poultry Show @ SoKY Fair: Show @ 6pm
July 25	Youth Rabbit Show Fair @ SoKY Fair: Show follows poultry show
July 26	Youth Sheep & Goat Show @ SoKY Fair: Show @ 6pm
July 26	Open (Youth & Adult) Dairy Show @ SoKY Fair: Show @ 10am
July 27	Last day to order State Fair tickets
July 29	Youth Alpaca Show @ SoKY Fair: Show at 5pm
July 30	Dog Show @ WKU L.D. Brown Ag Expo Center: Time TBD



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August 1	YAIP Reports Due
August 11	Drop off non-perishable State Fair items: 9:30am - Noon @ WCEO
August 14	Drop off perishable State Fair items: 4-5pm @ WCEO
August 18-28	State Fair @ Louisville, KY
August 30	Club Leaders Training: 6pm @ WCEO
August 30	Pick Up State Fair items: 10am - 4pm @ WCEO

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LIKE US ON FACEBOOK

Warren County 4-H is on Facebook!! Just "like" our page to stay updated with photos from our events as well as for a look at what is coming up on the schedule. www.facebook.com/warrencounty4H